



WESLEY WOODS
FOUNDATION

SPRING 2026

THE CONNECTION

NEWS FROM WESLEY WOODS



Mother's Day invites us to pause and honor the remarkable women who have shaped our lives—mothers, grandmothers, aunts, sisters, teachers, and friends. Their influence forms the foundation of who we are. At Wesley Woods, where **70% of the residents in our care are women**, this day carries an even deeper significance.

Our mission is to create communities of connection, well-being, and promise; yet every year, more of our residents outlive their financial resources as they face longer lives, growing healthcare needs, and rising costs of care. This is where partners like you make an extraordinary difference.

Thanks to generous philanthropic support, more than **\$1.4 million in financial assistance** was provided across Wesley Woods communities last year, ensuring vulnerable older adults could remain in their homes. But the impact of this support extends far beyond housing: **it empowers them to truly thrive.**

Each gift ensures every resident has access to wrap-around support that nurtures the whole person—**Chaplains** who offer emotional and spiritual care, **Wellness Nurses** who help residents manage their health with confidence, and **Programming** designed to strengthen well-being and independence.

We cannot do this work alone. This Mother's Day, we invite you to honor the remarkable women in your life—past and present—by extending that same spirit of care to older adults who need it most. Your generosity provides stability, dignity, and hope for residents who have given so much throughout their lives.

This year, **a faithful Wesley Woods benefactor has committed to MATCHING all gifts, dollar-for-dollar, up to \$25,000**, for gifts received by May 31st. Your gift can go twice as far in helping ensure that residents in our communities can continue to live—and thrive—in their Wesley Woods home.

Thank you for believing in our mission. Please join us this spring to support the women who helped shape a generation, and double your impact to help us **Cherish Every MOMent** at Wesley Woods by visiting wesleywoods.org/donate.

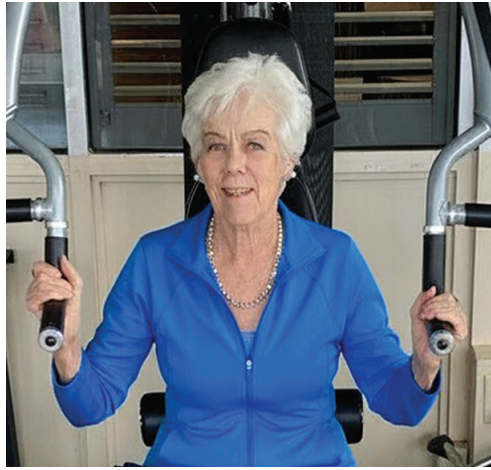
See how your support makes an impact at wesleywoods.org/foundation.

cherish
every 
moment



A RESIDENT'S JOURNEY TO WELLNESS

My family realized sooner than I that being part of a community was much better than living alone. It took me a while to adjust from my home to living in my new Wesley Woods home, and I neglected my physical wellbeing. Eventually, I realized that to live a good life, I needed to be healthier. I joined the exercise classes offered in my Wesley Woods community which improved my physical health and mental attitude. I even wanted to eat healthier. The aerobic dance class and especially the balance class helped improve my coordination, balance, and stamina. The wellness offerings also include guest speakers on nutrition, promoting a healthy mental outlook and additional exercise recommendations. I am so grateful for these classes and other wellness support I receive from our chaplain and wellness nurse. Moving to Wesley Woods was the best thing that happened to me to maintain my physical and mental well-being and to age gracefully.



To support the Wesley Woods wellness program, visit wesleywoods.org/donate.

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IN THE PAST YEAR WESLEY WOODS WELLNESS PROGRAMS DELIVERED:

1,308

Virtual Fitness
Classes

2,428

In-Person
Fitness Classes

7,664

Wellness
Nurse Visits

395

Mental
Health Visits

YOU CAN MAKE A DIFFERENCE

While we continue our work to annually fund the financial assistance, pastoral care, and wellness programs, our Wesley Woods communities have additional needs.

Please contact Maggie Medlock at 404-282-8674 if you or a company or foundation you know have interest in funding one or more of the items listed.



ITEMS IN NEED OF FUNDING

- New furniture for common areas \$18,000
- Awning for outdoor space \$9,000
- Ten raised garden beds \$5,000
- Read2Connect program for dementia care residents \$3,200

Heroes, Saints & Legends

SEPTEMBER 17, 2026
FLOURISH • BUCKHEAD



JOHN W. STEPHENSON



KATHY N. WALLER

Heroes, Saints & Legends honors individuals whose lifelong leadership, service and philanthropy have transformed lives and helped shape Atlanta. We invite you to join us on Thursday, September 17th, at Flourish, in Buckhead, to celebrate these extraordinary individuals.

THE DISTINGUISHED HONOREES FOR 2026 ARE:

John W. Stephenson retired Executive Director of the J. Bulow Campbell Foundation and current Executive Director/Consultant for the Georgia Health Foundation. Stephenson has devoted his career to education and philanthropy, from administrative roles as Vice President of Development at Emory university to trustee and chair positions at notable foundations, including the Southeastern Council of Foundations, the Teague Family Foundation, Mission 1:27, and the Coca-Cola Scholars Foundation.

Kathy N. Waller, Executive Director for the Atlanta Committee for Progress, retired Chief Financial Officer of The Coca-Cola Company, and President, Enabling Services. Waller is the founding chair of The Coca-Cola Company's Women's Leadership Council and is a board member of the United Way of Greater Atlanta, The Woodruff Arts Center, Achieve Atlanta, CGI Group, and Delta Airlines, among many others.

Each year, Heroes, Saints & Legends raises vital funds to support the Wesley Woods mission, including providing charitable care for seniors who have outlived their resources, pastoral care from on-site chaplains, and innovative wellness programming to support independent senior living.

For sponsorship information and to see a complete list of prior Heroes, Saints & Legends honorees please visit wesleywoods.org/heroes or call Renee Fraley at 404-282-8947.



HOW DONOR-ADVISED FUND GIVING HELPS STRENGTHEN OUR COMMUNITY

As you plan your charitable giving for 2026, you may want to consider giving through a Donor-Advised Fund (DAF) which is an impactful and tax-efficient way to support Wesley Woods.

A DAF allows you to make a charitable contribution, receive potential tax benefits, and recommend grants to organizations you care about over time. Many donors also choose to name a charitable organization as a beneficiary of their DAF—creating a legacy that reflects their values.

If you already have a DAF, recommending a grant or naming Wesley Woods as a beneficiary is an easy way to make a meaningful impact. If you are exploring your charitable options, we encourage you to speak with your financial or tax advisor to determine if this approach aligns with your philanthropic goals. Please partner with us to make a lasting difference! For additional information, please contact Maggie Medlock at 404-282-8674 or Maggie.medlock@wesleywoods.org.

TOGETHER WE THRIVE:

Chaplains Support Wesley Woods Employees

Wesley Woods chaplains provide pastoral care to residents and their families, and also to Wesley Woods care partners (employees). The work of caring for older adults is rewarding and challenging. People in caregiving professions are at greater risk of vicarious trauma and burnout, and when you add caring for children or aging parents, an illness or financial crisis, caregivers can find themselves stressed and anxious.

Chaplains are available to listen, pray and help our staff cope with life difficulties. Last year, our staff connections increased by 62 percent. Studies show that when people feel supported spiritually and emotionally in the workplace, they will sustain and even thrive in their work. ***We are grateful for the donor support that provides a chaplain in every Wesley Woods community.***

Visit wesleywoods.org/foundation.



Because of generous donors, Chaplain Susan Amick is available to staff, like Michael, when they need someone to listen and support them through a difficult day.

IN THE PAST YEAR, WESLEY WOODS CHAPLAINS HAVE PROVIDED:

9,772

Resident
Connections

1,060

Family
Connections

1,919

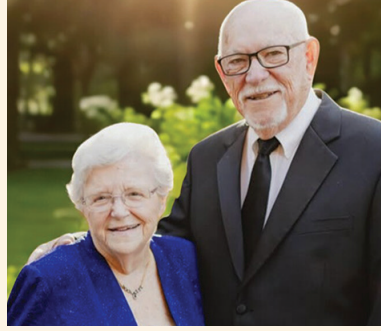
Staff Support
Connections

1,407

Studies
and Services

A FAMILY'S STORY OF CARE, CONNECTION, AND GIVING

Giving back to Wesley Woods is deeply personal for our grateful families. Roger moved his mother from Birmingham to Wesley Woods so she could be closer. Although the transition was difficult at first, the mission of Wesley Woods—to create communities of connection, well-being, and promise for older adults—quickly came to life. The loving, compassionate staff and welcoming environment helped his mother feel at home where she lived for many years.



Roger and his wife, Elaine, now give annually from their IRA so others can experience the same quality of care, especially those who may not be able to afford it. They encourage donors to consider Qualified Charitable Distributions from annual RMDs as a meaningful, tax-free way to support Wesley Woods.

To learn more about the benefits of making a gift through your IRA or required minimum distribution please contact Maggie Medlock at 404-282-8674 or Maggie.medlock@wesleywoods.org.

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TORCHBEARERS: ENSURING A FUTURE OF CONNECTION AND CARE

A planned gift is a meaningful way to extend your commitment to the mission of Wesley Woods while creating a lasting impact on the lives of older adults. Those who make an estate or planned gift are welcomed into the Torchbearers Society, honoring their vision and generosity.



We invite you to make Wesley Woods part of your legacy by making a planned gift through any of the following vehicles:

- Beneficiary of an IRA or retirement plan, such as 401K or 403(b)
- Beneficiary of Life Insurance proceeds or beneficiary designation
- Beneficiary of Donor Advised Fund
- Designation in a will, trust, or other estate plan

Please contact Maggie Medlock at 404-282-8674 or Maggie.medlock@wesleywoods.org about making Wesley Woods part of your personal legacy.

We understand that legacy decisions are deeply personal. If you are considering a planned gift, we invite you to have a confidential conversation with us—simply to explore options, answer questions, and ensure your wishes are honored.



WESLEY WOODS
FOUNDATION

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The Foundation of Wesley Woods values the privacy and trust of our donors and strives to maintain the highest standard of confidentiality and respect for your generosity. Please be assured we never share our donor list with third parties.



This Mother's Day, celebrate the women in your life who have loved, nurtured, taught, and cared for you by making a gift to Wesley Woods.



Visit wesleywoods.org/donate to honor special women in your life and to help Wesley Woods create communities of connection, well-being and promise.