



WESLEY WOODS
FOUNDATION

SPRING 2023

THE CONNECTION

NEWS FROM WESLEY WOODS



cherish
every 
moment



MOTHER'S DAY is a priceless opportunity to take a moment to honor, remember and demonstrate love for mothers and other women—sisters, friends, grandmothers, aunts—who have shaped our lives with love and wisdom. We share that wisdom from presidents, writers, the Holy Bible, and unknown sages who express their love and appreciation for mothers and those who have mothered:

- "All that I am, or ever hope to be, I owe to my mother."
—President Abraham Lincoln
- "A mother is a person who, seeing there are only four pieces of pie for five people, promptly announces she never did care for pie."—Tenneva Jordan
- "Grandmas hold our tiny hands for just a little while...but our hearts forever." —Unknown
- "Only an aunt can give hugs like a mother, can keep secrets like a sister and share love like a friend." —Unknown
- "A sister is a gift to the heart, a friend to the spirit, a golden thread to the meaning of life." —Isadora James
- "Many people will walk in and out of your life, but only true friends will leave footprints in your heart."
—Eleanor Roosevelt
- "Honor her for all that her hands have done, and let her works bring her praise at the city gate." —Proverbs 31:31

At Wesley Woods, 70% of our residents are women who have lived an average of 82 years. Your gifts provide financial assistance for housing and meals for residents who have exhausted their resources, chaplains who provide compassionate pastoral care and vital wellness programs that strengthen the wellbeing of all residents. Ultimately, your giving extends the gift of a long life, helping residents live independently longer in their Wesley Woods home.

This Mother's Day, we invite you to [Cherish Every MOMent](#) as you honor and remember the special women in your life by making a gift to Wesley Woods at wesleywoods.org/donate.

Gratefully,



Diane

Diane Vaughan
President
Foundation of Wesley Woods



Terry

Terry Barcroft
President and CEO
Wesley Woods Senior Living



BALANCING LIFE

Shortly after moving into our Blairsville community, David participated in our annual wellness assessment. The wellness assessment tests physical balance, strength, and flexibility, offering residents a snapshot of their fitness and suggestions for improvement. He said the assessment was an eye-opener for him because he did not realize his balance was poor. Following the assessment, David began regularly attending some of the classes offered in his community: yoga, Bingocize, and Stretch & Balance. He reports that he has seen a lot of improvement in himself. He walks with more stability, is more active, and feels better overall. He is excited to see the improvements he has made when he takes this year's assessment!

David is not alone – many older adults do not realize that their balance is compromised until they experience a fall. Every second of every day, an older adult falls. Because of generous donors like you, Wesley Woods is able to provide wellness activities to help older adults strengthen, maintain and improve their balance, leading them to a happy and healthy tomorrow.

Make a gift to the wellness program to help more residents, like David, by visiting [wesleywoods/donate](https://wesleywoods.org/donate).

Wesley Woods Wellness Programs delivered in the past year:

2,163

Virtual Fitness Classes

2,925

In-Person Fitness Classes

7,231

Wellness Nurse Visits

1,084

Mental Health Visits

THE STUDENT BECOMES THE TEACHER

At Wesley Woods we envision a world where older adults are celebrated for the lives they have lived, the wisdom they share, and all they have yet to teach us. Our residents are such wonderful teachers. In the sixteen years I have been the chaplain at Wesley Woods of Newnan, I have had the privilege to know, love, and care for many residents. Some of those persons were in their 70's when I started, and they are now in their 90's. They've shared their lives and stories with me—the blessings and burdens of aging; how to live deeply in faith; how to welcome new persons and experiences; and how to say goodbye, grieve, and let go. They are teaching me every day how to live my life and how best to journey with my parents and my adult children in their lives. I am grateful to our residents for being such wonderful teachers, and for their love, care, and willingness to teach me and others how to live the best of the story.



Rev. Sharon Edgar
Chaplain, Wesley Woods
of Newnan

Be a part of providing Pastoral Care to residents at Wesley Woods by making a gift at wesleywoods.org/donate.

In the past year,
Chaplains
have provided:

10,345

Resident Connections

860

Family Connections

1,945

Staff Support Connections

2,843

Studies and Services

Heroes, Saints & Legends

JOIN US SEPTEMBER 21ST AT FLOURISH TO CELEBRATE OUR 2023 HONOREES



J. Veronica
Biggins



Sandra Deal (*posthumously*)
and Governor Nathan Deal

Visit wesleywoods.org/heroes to celebrate with us!

HOME IS WHERE THE HEART IS

When Carol Erwin visited Wesley Woods Towers as a prospective resident nearly a decade ago, she immediately felt the warmth of the community. Having lived both domestically and internationally throughout her life, Carol has been exposed to a plethora of people and cultures. The community at Wesley Woods Towers (WWT) felt like home. She recently shared that the "friendliness of the residents and staff is ever present. I've always felt connected with the people here." An active member of the WWT community, she enjoys organized social events and stays busy as the Chair of the Library Committee. The Foundation of Wesley Woods is grateful for Carol's support of the Charitable Care program and the impact it makes on residents who have outlived their resources. "Contributing in this way is my pleasure." Thank you, Carol, for your ongoing generosity!



Please contact Carson Raymond at 404-728-6204 or carson.raymond@wesleywoods.org to learn how to leave your legacy at Wesley Woods.

Ways to Give

Legacy Gifts: include Wesley Woods as a beneficiary in your will

Recurring Gifts: establish a recurring monthly (or annual) credit card contribution

Matching Gifts: secure a matching gift from your company that will double your contribution

IRA Distribution gifts: give via a tax-smart, IRA Rollover (Qualified Charitable Distribution) gift if you're 70½ or older

Required Minimum Distributions: lower your taxable income with this IRA gift method

Stock: lower capital gains with a gift of appreciated securities to support our mission



WESLEY WOODS
FOUNDATION

1817 Clifton Road NE
Atlanta, GA 30329

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This Mother's Day, celebrate the women who have loved, nurtured, taught, and cared for us. Visit wesleywoods.org/foundation to honor special women in your life by making a gift to Wesley Woods.